

**Figure 3.25** Percentage (%) contribution of food groups to mean daily calcium intakes for men, women and the total population.

**Figure 3.26** Percentage (%) contribution of food groups to mean daily magnesium intakes for men, women and the total population

**Figure 3.27** Percentage (%) contribution of food groups to mean daily phosphorus intakes for men, women and the total population.

**Figure 3.28** Percentage (%) contribution of food groups to mean daily iron intakes for men, women and the total population.

**Figure 3.29** Percentage (%) contribution of food groups to mean daily copper intakes for men, women and the total population.

**Figure 3.30** Percentage (%) contribution of food groups to mean daily zinc intakes for men, women and the total population.

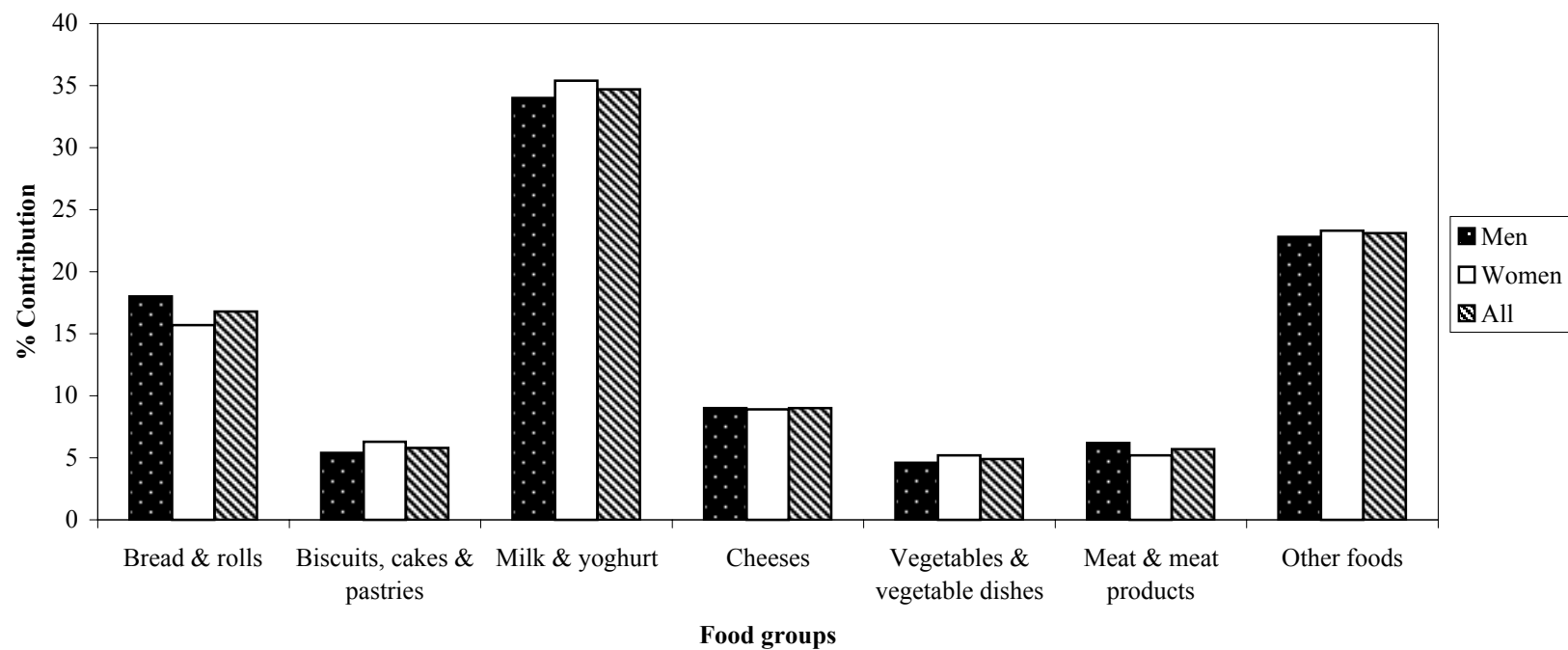
**Figure 3.31** Percentage (%) of men in different age groups with mean daily mineral intakes below the average requirement (AR).

**Figure 3.32** Percentage (%) of women in different age groups with mean daily mineral intakes below the average requirement (AR).

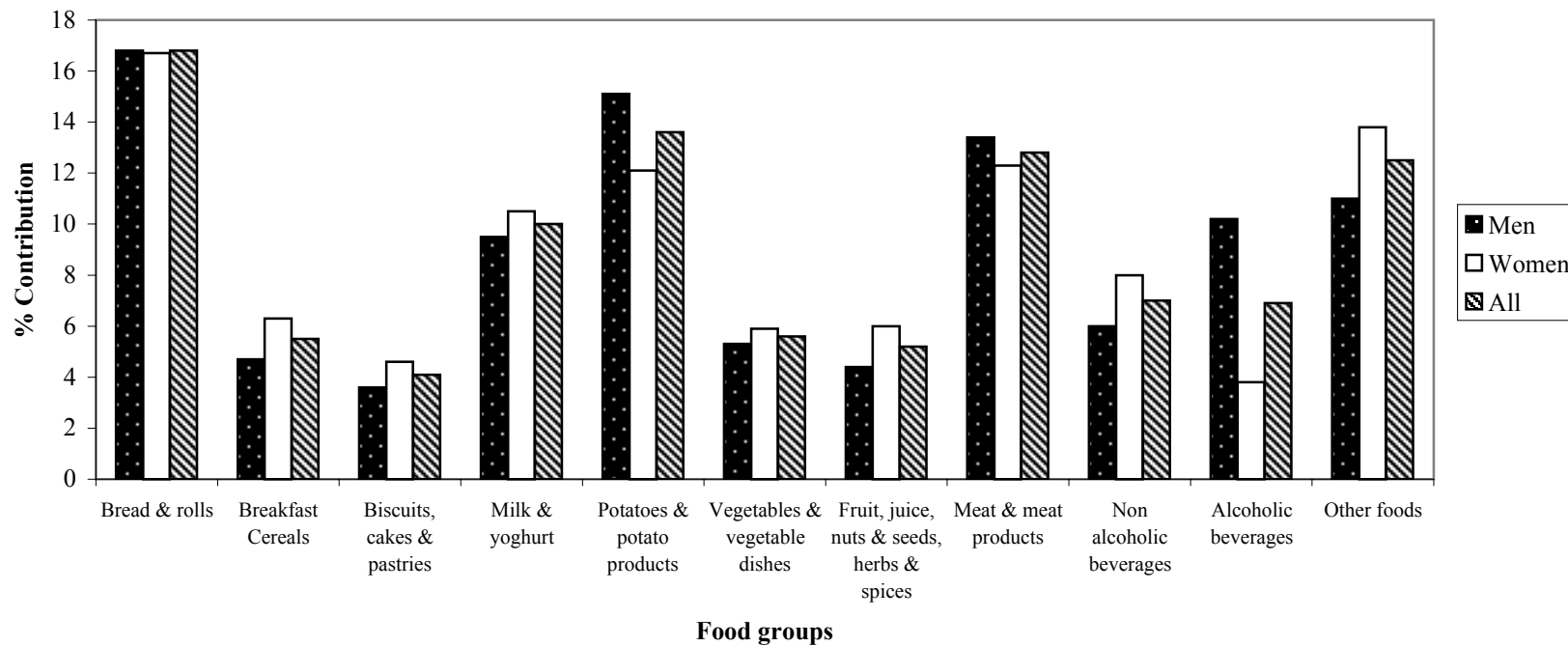
**Figure 3.33** Percentage (%) of men in different age groups with mean daily mineral intakes below the lowest threshold intake (LTI).

**Figure 3.34** Percentage (%) of women in different age groups with mean daily mineral intakes below the lowest threshold intake (LTI).

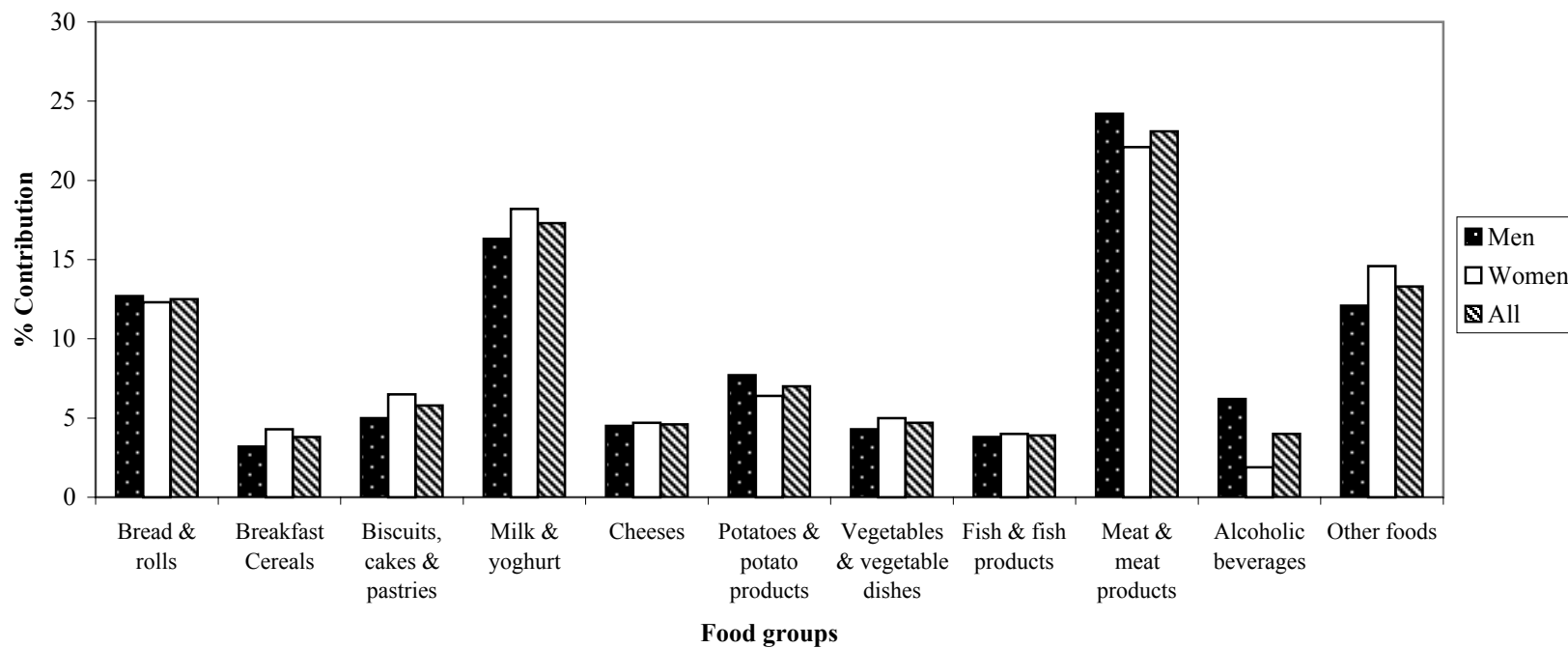
**Figure 3.25** Percentage (%) contribution of food groups to mean daily calcium intakes for men, women and the total population.



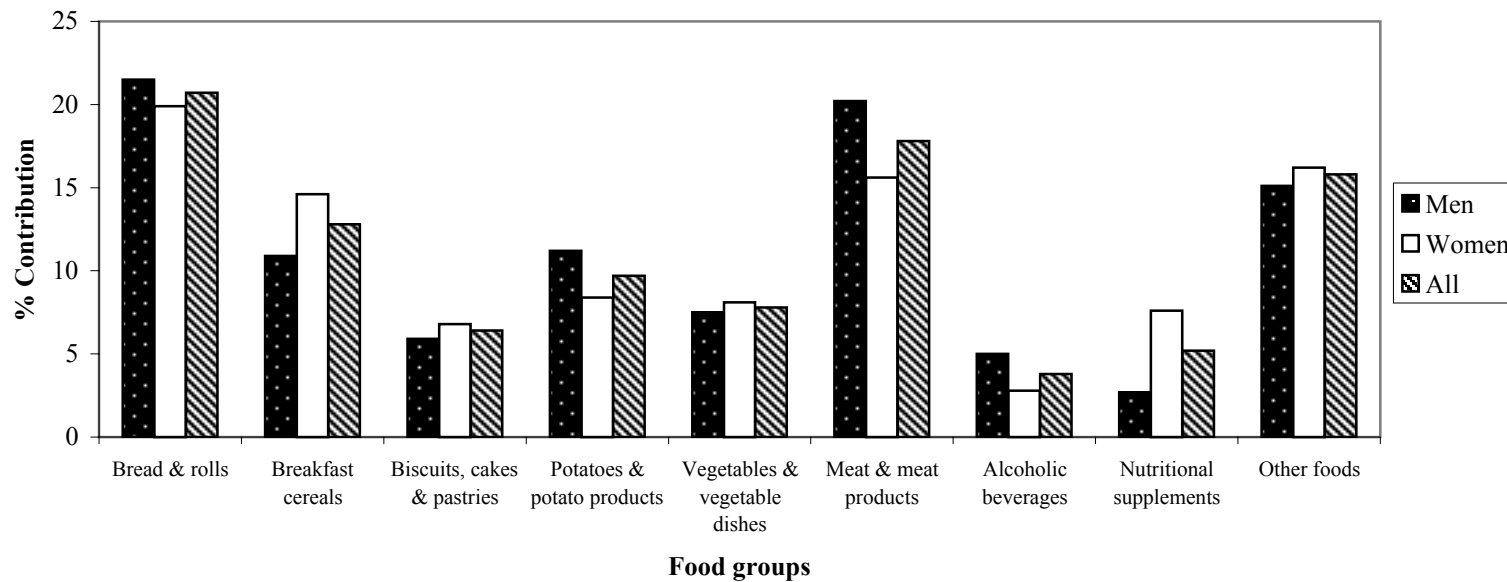
**Figure 3.26** Percentage (%) contribution of food groups to mean daily magnesium intakes for men, women and the total population



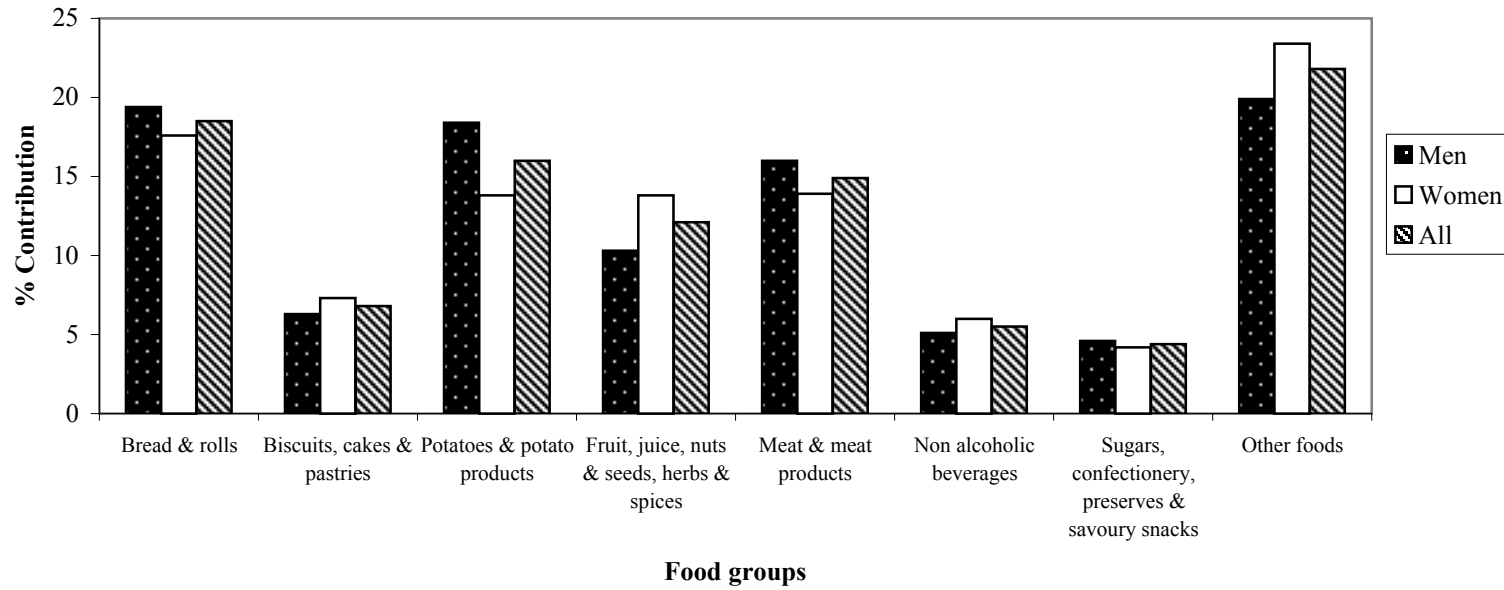
**Figure 3.27** Percentage (%) contribution of food groups to mean daily phosphorus intakes for men, women and the total population.



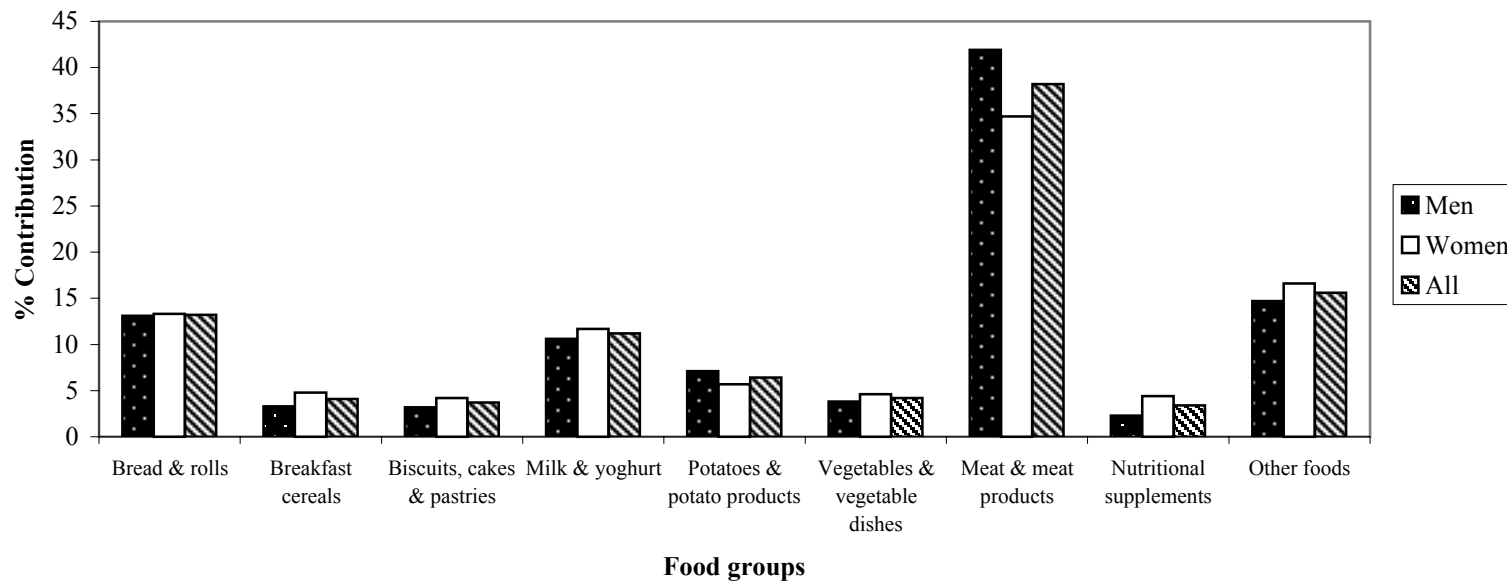
**Figure 3.28** Percentage (%) contribution of food groups to mean daily iron intakes for men, women and the total population.



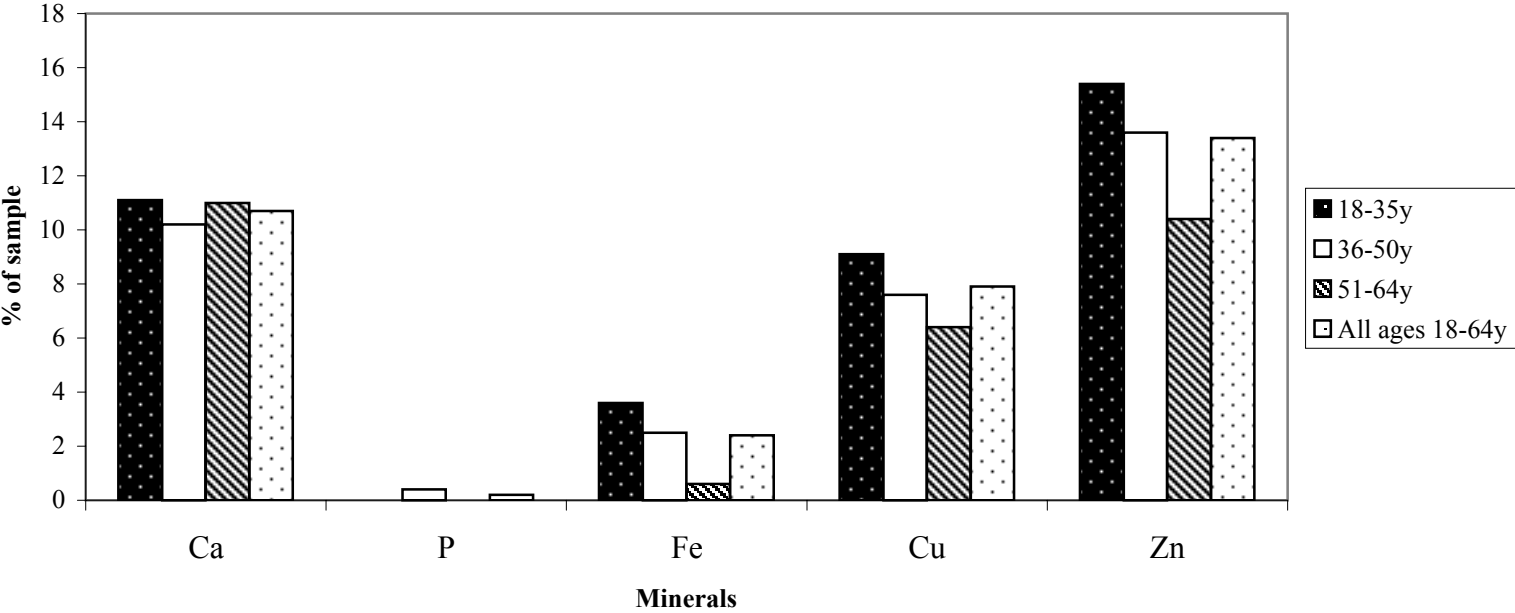
**Figure 3.29** Percentage (%) contribution of food groups to mean daily copper intakes for men, women and the total population.



**Figure 3.30** Percentage (%) contribution of food groups to mean daily zinc intakes for men, women and the total population.

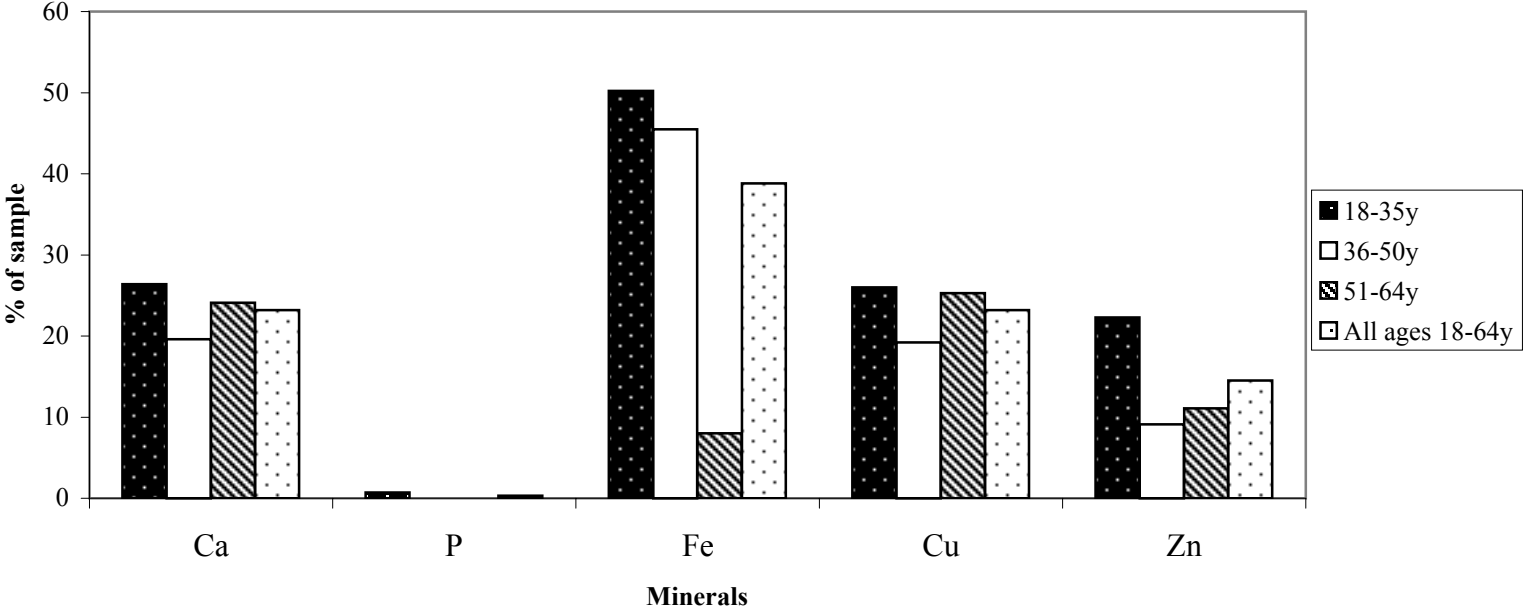


**Figure 3.31** Percentage (%) of men in different age groups with mean daily mineral intakes below the average requirement (AR)\*



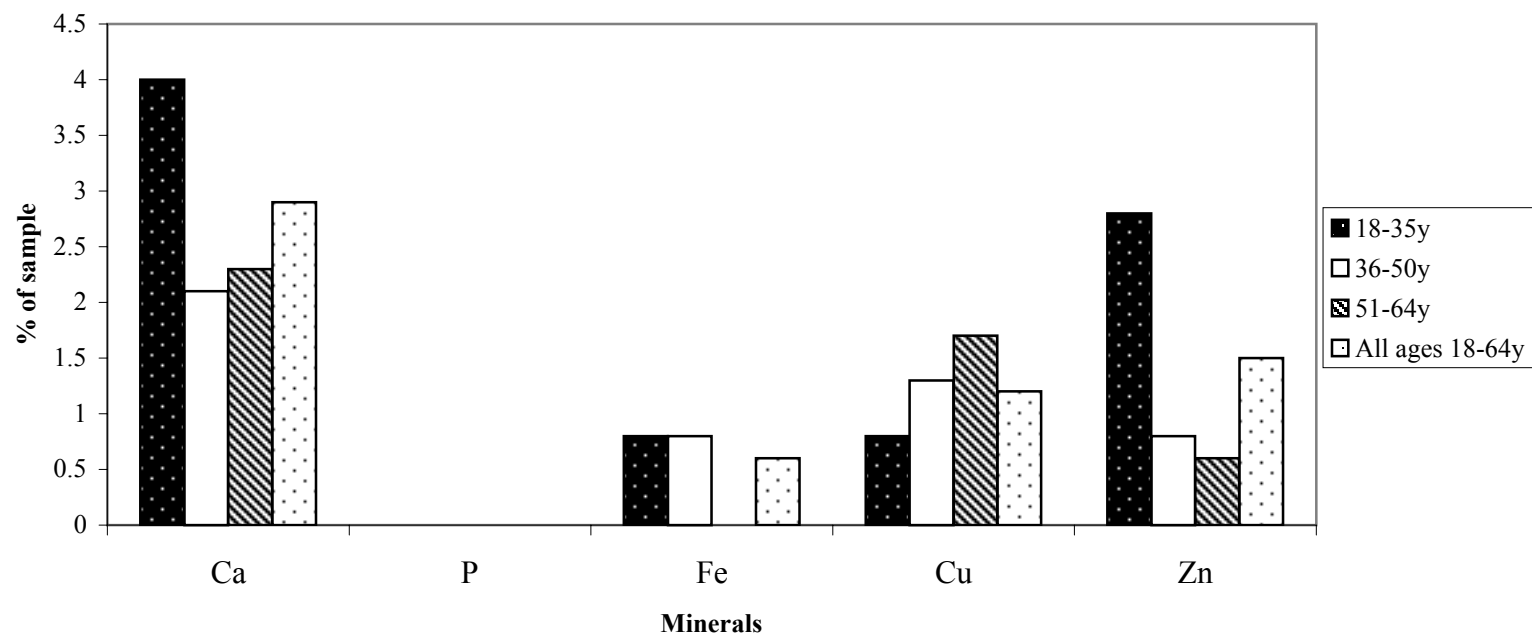
\* Scientific Committee for Food, 1993

**Figure 3.32** Percentage (%) of women in different age groups with mean daily mineral intakes below the average requirement (AR)\*



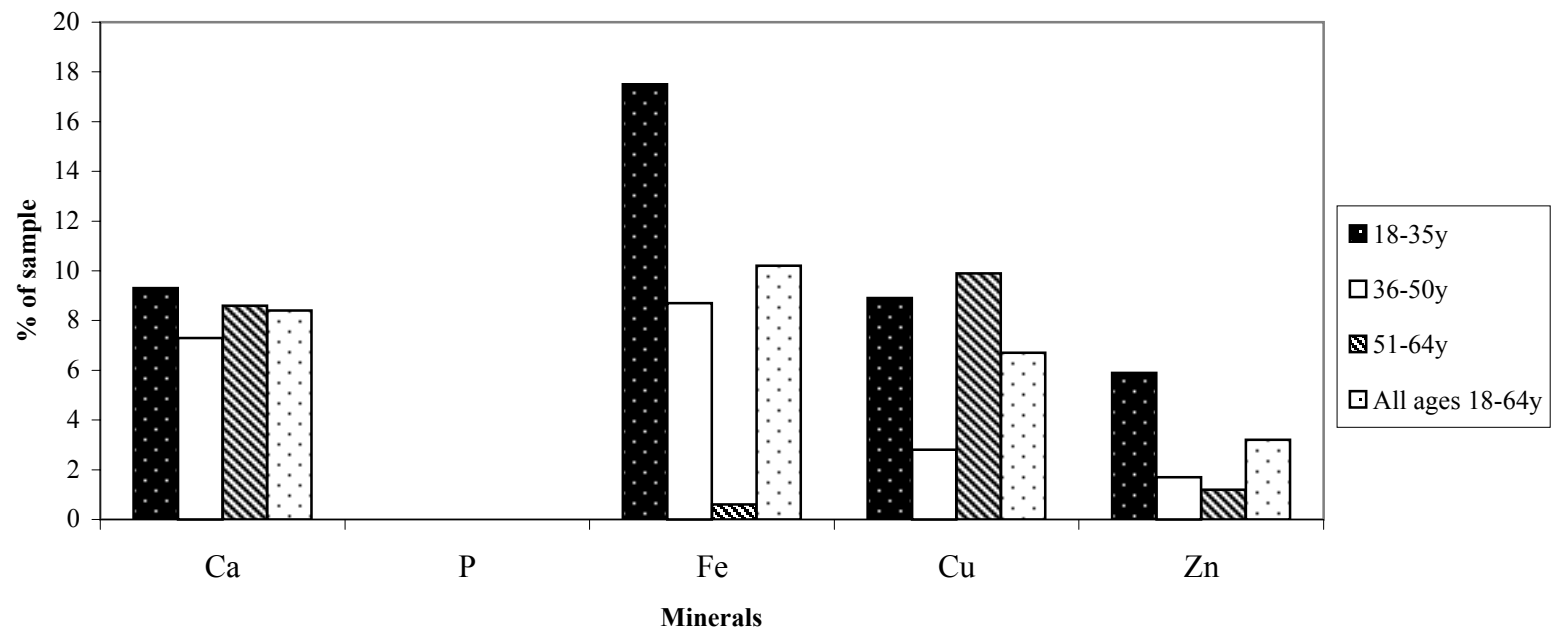
\* Scientific Committee for Food, 1993

**Figure 3.33** Percentage (%) of men in different age groups with mean daily mineral intakes below the lowest threshold intake (LTI)\*



\* Scientific Committee for Food, 1993

**Figure 3.34** Percentage (%) of women in different age groups with mean daily mineral intakes below the lowest threshold intake (LTI)\*



\* Scientific Committee for Food, 1993